

Big Bend Gear List Jan 9, 2007

- Hiking shoes
- Climbing shoes or good quality tennis shoes
- Camp shoes (durable shoes good for rough ground, no open-toed shoes permitted)
- Small backpack for day hikes
- Water bottles (2 – 1 quart each)
- Rain gear
- Red troop jacket
- Pillow
- Sleeping bag
- Ground pad
- Hammock or tent
- Personal first aid kit
- Towel
- Bug spray
- Sunscreen, small tube but enough for each day
- Toiletries – (toothbrush, comb, nail clipper, items for contacts)
- Medications & medication list (to be turned in)
- Bus bag with a complete change of clothes (no part of the class A may be taken off the bus)
 - Pack cover for rain protection
 - Pocketknife
 - Sunglasses
 - Blister protection: Spenco adhesive kit, Second Skin, and/or moleskin
 - Matches (waterproof patrol leaders)
 - Cup and eating utensils: bowl, fork, spoon, knife
 - Cup Tips: Get one you can clip to pack with carabineer. Measuring cup is handy.
 - Flashlight or headlight, extra batteries
- Adequate clothing in Ziploc bags (see below)
- Outer socks, wool or hiker style (4 pair)
- Inner socks, polypropylene
- Pants (lightweight; avoid denim)
- Shirts, one for every two days
- Underwear
- Thermal underwear bottom and top, (both are needed), both at least middle weight, polypropylene if possible
- Long sleeve shirt (middle layer)
- Sweater or sweatshirt, with hood if possible
- Outer windproof jacket and pants
- Day hat for sun shade
- Wool cap for night/cold
- Gloves